

Funding stream	Organisation Name	Project Name	Contact Name	Area	Specific Area	Project Overview
Community Grant	African Women's Enterprise Group	Pathways to Employment Project	Lillian Ricketts-Hagan	Hertfordshire	Stevenage, Hitchin	AWEG is planning to facilitate an employment project which will include both career and business development workshops for Black and Minority Ethnic women living in Stevenage and Hitchin. The project will support these women by helping providing personal and career development workshops. These workshops will focus on CV and application writing, interview techniques, career choices, confidence building, effective job search, marketing yourself and accessing funding for a business or higher education.
Community Grant	Anglia Care Trust	Removing the Barriers	Tony Bergdahl	Suffolk	Throughout the region	This project will offer service and support to assist vulnerable people and ex-offenders back into paid employment. The purpose of the project is to remove obstacles by improving confidence, completing an initial assessment, providing help with producing a CV, and advice on disclosure.
Community Grant	Bangladeshi Support Centre	Bangladeshi Women's Project	Mojlum Khan	Suffolk	Ipswich & Suffolk	This project specifically targets the learning and educational need of Bangladeshi and BME women and aims to instil confidence and provide learning and training opportunities. Courses include introduction and internet, CV writing and interview technique, along with learning opportunities and providing volunteer work experience.

Community Grant	Beacon House Ministries	Beacon House Primary Health Care Services	Sonia Shaljean	Essex	Colchester and the surrounding villages of	The aim of this project is to provide a structured 12 week 'Breaking the Barriers' life skills and personal development course for people who want to break the barriers preventing them moving forward in their lives. Areas include Literacy support, money management, personal development, confidence and assertiveness training and job applications, interviews and searches.
Community Grant	Bedford African Community Support Project	Learning 4 Life	Chris Shangalume	Bedfordshire & Luton	Bedford and Central Bedfordshire	This project will provide facilities to develop communication skills, courses in preparation for employability and for Employability Enhancement. Workshops will be provided for people from the African Community to improve their skills and employability through the provision of pre-employment support including job search, cv writing and interview preparation, as well as ICT provision.
Community Grant	Bedfordshire & Luton Mind	Aspirations	Jeanette Skipsey	Bedfordshire & Luton	Bedford, Biggleswade, Dunstable, Luton, Ampthill, Leighton Buzzard	The Aspirations Project will work with mental health service users to enable them to build up their interpersonal skills and confidence, and to enable them to identify and achieve their own assessment of personal goals and ambitions in terms of education and employment through OCN accredited courses.

Community Grant	Bedfordshire African Community Centre	The Brighter Future	Bony Shamalo	Bedfordshire & Luton	Luton	The project will provide unemployed and economically inactive BME with the learning opportunity that will prepare and support them to access employment, further study and voluntary work experience. The participants will benefit from the following level 2 qualifications skills for life courses such as Emergency First Aid Cert, Manual handling, Health and Safety Cert, POVA and POCA, ICT, CV writing, job search skill and structured volunteering opportunity.
Community Grant	Bolnhurst Stables Trust	Step to Work Flexible Training Programme	Alison Wood	Bedfordshire & Luton	Bedford and North Bedfordshire Villages	The project hopes to create a large bank of training modules for selection with emphasis on rural craft, horticultural, gardening and land management skills in which the organisation specialises as well as help with aspects of literacy and numeracy which cannot be accessed elsewhere. A critical part of the programme will be practical work experience in an unthreatening environment which will allow clients to learn to work as a team.
Community Grant	Bury St Edmunds Citizens Advice Bureau	Increasing Employability through Volunteering - Individually focused skills development	Janine Pinel	Suffolk	Bury St Edmunds and district	Funding will be used to provide supportive 3-month placements for volunteers. Employability skills sessions including a portfolio of internal-job related tasks and financial capability training.

Community Grant	Bury St Edmunds Volunteer Centre	Realise Your Potential	Holden Cook	Suffolk	Bury St Edmunds and all surrounding towns and villages (including parts of St Edmundsbury, Mid Suffolk, Forest Heath and Babergh Districts)	We will deliver courses for adults with learning difficulties to include modules such as working as a team, listening and communication skills, keeping yourself safe. The project will introduce training programmes and taster volunteering opportunities. Soft outcomes achieved by all participants will be improved communication skills, increased confidence, self-esteem, self-advocacy and motivation, improved social skills and improved timekeeping among others.
Capacity Building	Bury St Edmunds Volunteer Centre	Investing for the Future	Holden Cook	Suffolk	Bury St Edmunds and all surrounding towns and villages (including parts of St Edmundsbury, Mid Suffolk, Forest Heath and Babergh Districts)	The funding will be used to achieve 3 Quality Standards. 1). Investing in Volunteers (IiV) 2(. Volunteering England Quality Accreditation (VCQA) 3). PQASSO. Also, training in OCN Trustee Training Course, City & Guilds in Teaching and Lifelong Learning Sector, IT training. Organisational development: Business and strategic planning.
Community Grant	Celtic Harmony	Skills & Training for Jobs	Clare Holt	Hertfordshire	Hertford, Broxbourne, Stevenage, Hatfield, Welwyn Garden City, Enfield	The Skills & Training for Jobs programme will enable participants to shadow officers in the three areas of work of Celtic Harmony, education, leisure and conservation. We would provide a unique programme of interview including CRB checks, then four days induction and on-the-job shadowing in either education, leisure or conservation. The participant will experience the process of recruitment and in-house training, develop skills to work within a team and learn more about an area in which they are interested in finding employment.

Community Grant	Central Herts YMCA	YMCA IT Suite	Jo Franks	Hertfordshire	Based in Welwyn Garden City although service users travel from Hatfield and Old Welwyn	The project seeks to address the local unemployment to provide focused opportunities including computer basic skills, CV writing, interview techniques and online job applications. Attendees will have improved self-esteem and confidence to promote themselves. There will be the option of attending a basic computing skills course to learn Word, Excel, Power Point and Publisher.
Community Grant	Classworks Theatre Ltd	Costume Store Work Experience and Training Project	Gayle MacGregor	Cambridgeshire	Cambridge City	This project will work with young people aged 18+, targeting female lone parents who face barriers into employment and mainstream skills provision due to lack of affordable childcare, mental health problems. We will offer work experience and skills training in our costume store to develop creative skills in design, making, maintaining and repairing. There will also be training on marketing, stock taking, invoicing and record keeping.
Community Grant	Community Action Hertsmere	Volunteer..... IN!	Robin Charnley	Hertfordshire	Hertsmere	Our project will work on a one-to-one basis with individuals to identify their needs and will identify a suitable volunteering opportunity, prepare both individual and organisation for a successful 'match' (including visits and trial volunteering sessions), undertake regular visits to the volunteering placement to review progress, work with the individual to prepare an exit strategy.

Community Grant	Community Connections	Community Learning for Change	Trish Aydin	Norfolk	Great Yarmouth	CC will continue to develop a comprehensive soft skills programme which supports vulnerable people to take an active role in shaping and improving their future chances and opportunities by: - working in partnership with local voluntary and community organisations to explore needs and develop bespoke training workshops relevant to the community. To run workshops with the aim of developing communication skills, language skills, confidence.
Community Grant	Cornerstone Trust (Training and Advocacy)	Releasing Potential	Calvin Horner	Essex	Harlow	The project will work with unemployed and economically inactive people preparing them to re-enter employment by developing their self-awareness, aspirations and goals whilst providing them with skills to help them back to work such as interview skills and basic IT. The project focuses on those with considerable barriers in entering work. Alongside the short courses, there will be advice from tutors and advice including job search and basic skills screening.
Community Grant	Cromer Past Present and Future	Community Learning Support	Catherine Plewman	Norfolk	Throughout the region	This project will focus on providing English, Maths and IT courses. IT courses will be provided with laptops both in the Centre and outreach locations. Also evident, given the deprivation indices in the area, is that there is a small but increasing minority of learners who are unable to finance even the most basic learning which will be accommodated by the project.

Community Grant	Destiny Trust	Disability Employment Pre-Mentoring Support Project	Susan Greenwood	Essex	Colchester, Chelmsford, Clacton	<p>The proposal is to develop a Pre-Mentoring Support Project, which encourages people with needs and disabilities to access mainstream employment and skills development opportunities, through the provision of a support worker and volunteers.</p> <p>Activities include producing CVs, employment action plans and personal development portfolios.</p>
Capacity Building	Energize Transformation Partners	Community and Workplace Training	Tim Leese	Bedfordshire and Luton, Cambridgeshire, Norfolk	Bedford, Central Bedfordshire, Luton, Peterborough, Huntingdon, Thetford, Great Yarmouth, Norwich	<p>The grant will provide essential training and accreditation for our Community and Workplace Training Group. This will enable us to develop our service and capacity by completing PQASSO accreditation to Level 1, work with a business consultant to develop a new business plan, accreditation of the Matrix quality standard for information advice and guidance and training for PTTLs (Preparing to Teach in the Lifelong Learning Sector).</p>
Community Grant	Essex Coalition of Disabled People	Train the Trainer: Disability Equality	Claire Emmins	Essex	Throughout the region	<p>ECDP has developed a Train the Trainer programme which will give disabled people the opportunity to become self employed disability equality trainers. The course is made up sessions, coupled with course work and on-going practical experience. Topics covered include: training methods, assessment of own access requirements, preparing a training event, models of disability.</p>

Community Grant	Essex CVS Partnership Voluntary Sector Training	Quality Plus	Linda Riley	Essex		The Capacity Building grant will support the achievement of 2 Quality Standards: 1). Matrix standard for IAG services to clients and 2). PQASSO quality mark at level 2.
Community Grant	Essex Disabled People's Association Ltd	You Can Do IT	Richard Boyd	Essex		The project offers a course in basic IT training to help unemployed and economically inactive people in Essex (targeting those with disabilities, over 50s, carers and BME women) to use computers easily and confidently. It will focus on overcoming barriers such as lack of skills and low levels of confidence by improving IT knowledge and skills key to allowing individuals to improve their employability prospects eg accessing the internet, using Word and Excel, job searching online, updating CVs and preparing for interviews.
Community Grant	Ethnic Minority Training Project	Learning to Succeed	Farasat Latif	Bedfordshire & Luton	Luton (Biscot and Dallow)	We will work with unemployed individuals in Luton who are either offenders or at risk of offending. Support will include career guidance, direct training, introduction to self-employment, and access to job seeking support.

Community Grant	FACET (Fenland Area Community Enterprise Trust)	Working for a Better Future	Linda Ingram	Cambridgeshire	Fenland	The programme will include a Job Club, work tasters and work experience and support with basic skills. Help with CV writing and job interview preparation, as well as a completing a learning plan and portfolio.
Community Grant	Great Yarmouth Community Trust	MOVE ON	Rosie Marler	Norfolk		The project will deliver a range of workshop activities with on-site childcare support and assisted travel expenses. Workshops will cover areas such as job search assistance, confidence building and personal development. Each participant will receive a Basic Skills assessment and vocational advice and guidance.
Community Grant	Harleston Information Plus	Harleston Jobs Club	Julie Helsby	Norfolk & Suffolk	Harleston and Norfolk villages, North Suffolk villages within 8 miles of Harleston	The Community grants funding will support people living in the Harleston area who are unemployed and looking to return to the jobs market. The project will provide support with CV writing, completing application forms and guidance in IT, interview technique and information on job opportunities available.
Community Grant	High Star Arts and Production Limited	JOB GO	Basil Davis	Essex		The project will bring together young people from different socio-economic and ethnic backgrounds. Workshops twice weekly will focus on communication training and problem solving, CV writing, completing job application forms and practicing interview skills, exploring issues of self-esteem, time management, organisational behaviour.

Community Grant	Hospitality & Grow	Hospitality & Grow Norfolk	Alexandra Cosgrove	Norfolk & Suffolk	Great Yarmouth, Lowestoft	Hospitality & Grow engages NEET, the long term unemployed, ex-offenders, individuals with English as a second language and other hard to reach groups. We offer free training in life skills and the hotel service industry. Our progression qualifications include communication, team building and leadership and gives each individual a personal development plan tailored to suit their specific needs. Suitable trainees are offered paid employment for a minimum of 25 hours for 6 months with a view to either gaining a permanent job with either us or progressing into further education.
Community Grant	Ipswich and East Suffolk Headway	Heading back to Work	Helen Headway	Suffolk	East Suffolk	We will recruit a qualified occupational therapist with special skills in vocational rehabilitation and brain injury. They will set up classes for people with an acquired brain injury including basic skills, interviewing skills etc. The client will be mentored whilst volunteering in order to improve their skills.
Community Grant	MBA Association	Stevenage Youth and Community Studio	Tina Powell	Hertfordshire	Stevenage, Hitchin, Letchworth	The project will involve a music programme for young people to enable them to gain skills and qualifications that they can use to gain further training or employment in the music industry. Through becoming a NCFE we will be able to offer short courses to young people in 'Award in Music Technology at Level 1'. This programme will enhance existing skills and enable learners to become qualified that could help them to gain employment.

Community Grant	MOVEON East	The Using Skills for Employment IT Project	Amanda Payne	Norfolk	Norwich priority wards: Mile Cross, Thorpe Hamley, Wensum, Catton Grove, Mancroft, Crome, Bowthorpe, Lakenham, Sewell and Nelson Wards	<p>The project will provide outreach provision to unemployed individuals aged 16+ living in the priority wards in Norwich.</p> <p>The Project Tutor and Learning Co-Ordinator will offer beneficiary engagement, raising motivation and aspiration; identifying individual needs and addressing barriers, individual assessment of basic skills, identifying strengths and areas for improvement, develop an agreed learning plan.</p>
Community Grant	NR5 Project (Working name Future Projects)	BASELINE	Lucie Fox	Norfolk	Norwich	<p>The programme aims to provide intensive mentoring support and guidance with the provision of one to one and group support. Provide employment support including job search, CV completion and applying for jobs. Offering short training courses to increase people's skills levels and confidence in their abilities - these include key skills . Providing volunteer and work placement opportunities to develop transferable skills and work ethic.</p>
Community Grant	P2 Training	Finding the Way	Patricia Cady	Norfolk & Suffolk	Norwich, Lowestoft, Beccles	<p>P2 Training aims to provide participants with a sound base on which they can build a future by improving their motivation and creating channelled energy including: Basic Skills Assessments, training advice and guidance, work/voluntary placements and taster days in various trades, job search and CV writing, future planning, motivational and confidence building.</p>

Community Grant	Poor African Refugees Community Association	Employment Skills Project	Moez Nathu	Cambridgeshire	Peterborough City	PARCA will work with members of the refugee and BME communities living in Peterborough, who are economically inactive and would like to be able to engage in employment, but struggle due to lack of knowledge of basic ICT skills barriers. The project Coordinator will develop marketing materials to promote the project and undertake community outreach to meet with people as well as identifying learner needs and developing an initial learning plan for the participant.
Community Grant	Pre-School Learning Alliance	Getting Started in Childcare	Jan Richardson	Bedfordshire & Luton	Bedford, Houghton Regis, Leighton Buzzard, Luton	The project will provide accredited training leading to employment opportunities for unemployed and economically inactive people in Bedfordshire and Luton. Beneficiaries will be recruited to CACHE level 1 awards in Getting Started in a Pre-School Setting courses, provided with a work placement in a local setting and supported through the course.
Community Grant	Produced in Norfolk	Forward	Jane Miller	Norfolk & Suffolk	Norfolk County, North Suffolk on the Norfolk Border	The Forward Project will support grass roots communities into building confidence and developing skills which will act as steps into employment enterprise and training. The opportunity of work taster sessions, plus the provision of craft training in mainly, but not exclusively, rural communities. Through peer to peer support, mentoring and networking Forward aims to bridge the gap between grass roots and mainstream support and training.
Capacity Building	Relate Bedfordshire and Luton	Capacity for Success	Michele Flynn	Bedfordshire & Luton	Throughout the region	This funding will be used by the organisation to attain Matrix accreditation.

Community Grant	Romsey Mill	Social Inclusion and Progression	Marie Nazombe	Cambridgeshire	Cambridge City	This project will provide individual and intense support, identifying barriers to employment and overcoming these. Information, advice and guidance will be provided around opportunities and work around motivation and confidence. Specific support to include CV and application writing, work experience search and volunteer placements, interview skill sessions.
Community Grant	Royal Association for Deaf People	Essex Deaf Jobseekers' Roadshow	Linda Parkin	Essex	Southend on Sea, Colchester, Clacton, Chelmsford	We will deliver a series of road shows to give deaf people the information, support and encouragement they need to find and apply for jobs successfully. Content include finding work using the Jobcentre computer system and other sources, access to work, CVs and application forms and interview advice.
Capacity Building	Royal Association for Deaf People	Quality Advice for Deaf People	Linda Parkin	Essex	Essex including Southend and Thurrock Unitary Auth.	The project will improve the quality and consistency of information and advice given to deaf clients by office-based and outreach staff who are deaf and/or fluent sign language users. Training will be delivered in British Sign Language for NVQ level 2 in Information, Advice and Guidance. Matrix accreditation will then be applied for.
Community Grant	St Albans Centre for Voluntary Service	Vocational Volunteering	Michelle Hart	Hertfordshire	St Albans District	The project will recruit people over 16 years who lack skills, confidence and/or recent work experience and provide a programme of activities to increase their skills, confidence and employability. The programme will consist of a 1:1 assessment and placement interview, an introductory workshop about volunteering, Up to 6 months volunteering, 1:1 and group support as needed and an exit interview and action plan.

Community Grant	St Albans City Youth	Disabled Volunteer Coach Development Programme	David Wray	Hertfordshire		The project will provide 20 economically inactive young people with disabilities with the opportunity to experience and learn sports coaching so that they are able to find voluntary and paid work in local clubs, sports centres and health groups. We will also provide 1:1 and group support programmes including mentoring.
Capacity Building	St John's Housing Trust	Delivering Quality Services (Capacity Building)	Rachel Harris	Norfolk & Suffolk	Great Yarmouth, Lowestoft	The funding will be used to achieve two quality standards: Matrix IAG and Young Suffolk Quality Standard as well as obtain an 'approved centre status' to deliver City & Guilds qualifications relevant to our area of work and client group. Overall, these developments will enable us to provide a quality information and guidance service, to deliver exceptional training and have rigorous procedures in place to steer our service delivery.
Community Grant	St John's Housing Trust	Just 4 You Project	Rachel Harris	Norfolk & Suffolk	Great Yarmouth, Lowestoft	The project will provide advice, training, volunteering opportunities and life skills development for those seeking to achieve independent living and have been accommodated in any temporary or inadequate accommodation in the local area. We will provide individualised 'needs based' support that uses training and volunteering as a tool to engage and support each client. Volunteering placements will be made available through a number of our sites and will include admin, chef, maintenance, domestic and support work placements.
Capacity Building	Strengths in Communities CIC (Trading as Parents 1st)	Parents 1st Accreditation Centre	Celia Suppiah	Essex	Thurrock, Basildon, Brentwood, Southend	Funding will enable development work necessary to gain City & Guild Centre approval and run the Work With Parents Award level 2/3, Matrix accreditation and development work necessary to gain Royal Society of Public Health centre approval to run the level 2 award in Health Promotion.

Community Grant	Support 4 Sight	Employment and Independent Living Project	Melissa Cassidy	Essex	Chelmsford, Colchester, Harlow and Saffron Walden	The aim of the project is to enhance the employability of visually impaired people. This includes one-to-one support, ranging from CV writing, job search, interview techniques and also finding suitable training for employment and work placements. Give advice and guidance about daily living skills and Eccentric reading tuition.
Community Grant	The Benjamin Foundation	Vibrant Volunteering	Valerie Crabb	Norfolk	North Walsham, Great Yarmouth, Holt, Bacton, Aldelborough, Walsingham, Fakenham, Wells-next-the-sea, Cromer	Vibrant Volunteering will assist individuals to access mainstream skills through volunteering at The Benjamin Foundation's range of service delivery areas. Packages of extra support will be tailored to the individual on a case by case basis.
Community Grant	The Bridge Project Sudbury	Sowing the Seeds for Change	Anesta Newson	Suffolk	Sudbury and District	The project will deliver a range of flexible, accessible and innovative learning opportunities for adults with learning disabilities. It is anticipated that the supported placements will be in a range of community settings including a residential home for the elderly, town centre cafe, a local hotel and theatre. All individuals will be accompanied and supported by relevant tutors for the entirety of their placement.
Community Grant	The Garden Science Trust	Garden Enterprise Challenge	Sheila Mathias	Norfolk	Swaffham (although beneficiaries will come from Dereham, Attleborough, King's Lynn)	Four groups of adults with learning difficulties/disabilities will choose an idea for a social enterprise with a garden or environmental theme and with support from a tutor work on a project to plan and execute their chosen idea. The participants will gain experience of working on a project idea with a business focus. They will develop a range of skills necessary for training and employment, such as listening to instructions, finishing a task, communicating ideas and working with others.

Capacity Building	The Garden Science Trust	Improving Quality for Future Growth	Sheila Mathias	Norfolk	Swaffham (although beneficiaries will come from Dereham, Attleborough, King's Lynn)	We want to build up on our existing health and safety procedures to make sure they are brought up to a higher standard and embedded in our organisation and services. The capacity building grant will be used to employ a part time project worker for six months to review health and safety and undertake a formal quality assessment of the organisation. PQASSO accreditation will also be applied for.
Community Grant	The Griffon Area Partnership	Community Group Help to Employment and Training Programme	Sue Willis	Norfolk	North Walsham and surrounding	This programme will help individuals access opportunities to employment and training through confidence building sessions, job search assistance such as CV and job application writing, job interview skills, and work placements.
Capacity Building	The Phoenix Group for Deaf Children	Building Phoenix	Jane Shann	Hertfordshire		This grant will help us develop our capacity to work with an increasing membership involving clients with a range of needs including hearing loss. It enables us to widen our information resource by including website management skills, increase the skills of our volunteers and enable those involved in the charity to deliver a high quality service. It will enable us to implement and monitor quality standards for the charity thus ensuring a high standard of delivery.
Community Grant	The Work Academy	Bright future	Maria Collins	Norfolk	Norwich	This projects works with ex-offenders and give them the opportunity to gain a nationally recognised qualification in areas such as plastering, painting & decorating, Bricklaying and plumbing. Soft skills courses include job application assistance, interview techniques, work trials and improving confidence.

Community Grant	Turning Point	TP Designs	Clare Buckmaster	Hertfordshire	Watford (West Herts)	This innovative project is for people recovering from mental health difficulties. The aim is to increase the individual's skills and independence and provide a stepping stone to voluntary work, employment or education through the form of social enterprise. The individuals using the project are involved in the day to day running of it, but also the direction in which it develops and the decision making process that this involves. Project activities include market stalls, management and admin of the eshop, making sales, basic IT skills, planning and designing new stock.
Community Grant	Turning the Red Lights Green (T/A Red2Green)	Aspirations' Stepping Stones Programme	Sharon Burrows	Cambridgeshire	Rural S&E Cambridge, as well as the city itself	Aspirations is an established social skills and educational programme for people with autistic spectrum conditions, including high functioning Asperger's Syndrome. Students learn skills and strategies to help them cope better with social interaction and learn independent living skills. SS will address softer skills such as positive attitudes and motivation as well as practical steps towards employment such as job searching and preparing CVs.
Community Grant	Volunteer Centre Broxbourne & East Herts	Conquering Barriers - Gateway to Learning & Employment	Loretta Borg	Hertfordshire	East Herts Borough of Broxbourne	We aim to work with local employers over different sectors and industries, focusing on engaging support that enhances each individual's personal development. This would include accessing recruitment skills for mock interviews, matching individual needs with local employers and providing expertise to guide individuals in local employment culture. Direct contact with employers will involve taster work sessions, mock interviews, work shadowing, visits to local employers, raising awareness of work culture/ethics.

Community Grant	Volunteers Ipswich	Volunteering Is Your Future	Wendy Herber	Suffolk	Ipswich & District	Volunteer Ipswich will undertake a specifically targeted publicity campaign raising awareness of the positive messages of Volunteering and the relevance to individuals living in Ipswich and district who are unemployed or economically inactive. These opportunities will build confidence and self-esteem, offer real regular work experience and enhance Voluntary and Community Groups in Ipswich and district.
Community Grant	Waveney Community Forum	The Crossing	Julia Miller	Suffolk	Lowestoft and surrounding rural areas	We will offer one to one support to enable people to create and develop an effective CV. Run weekly job club sessions to assist people with completing application forms. Support in internet job search. Help accessing volunteer opportunities. Also, will improve Basic IT Skills by offering weekly tutored sessions in this area.
Community Grant	Thurrock Racial Unity Support Taskgroup	Steps into Employment	Ruth Juett	Essex	Thurrock	This project will give skills, confidence and ability to apply for training, work experience and employment to the Black and Ethnic Minority communities of Thurrock. Activities will include outreach work, same sex only groups working toward interview technique, completing job application forms and basic skills.
Community Grant	Community Development Agency for Herts	Women Making a Difference	Kate Belinis	Bedfordshire & Luton	Bedford Town, Queen's Park	The project will provide a combination of training in life and employability skills, group and 1:1 coaching and establishing ongoing peer support for 20 women. Areas covered include time management, communication skills, creative thinking and completing a CV.
Community Grant	Interface Learning	New Routes Integration Project	Christina Tarring	Norfolk	Norwich	Our aim is to increase the well-being, confidence and access to opportunities of unemployed BME men in Norwich. Informal learning workshop sessions will run twice-weekly, including confidence building, IT and work experience.

Community Grant	Watford Mencap	Supported Volunteering Project for Watford and Bushey Charity Shops	Jane Pattinson	Hertfordshire	Watford, Hertsmere	The project will enable unemployed people with learning disabilities and additional disabilities to have greater opportunities. Volunteers will have the opportunity to experience challenging and stimulating voluntary work and develop retail and customer care skills in one Watford Mencap's charity shops in Watford and Bushey.
Community Grant	Saint FM	Radio Production and Presentation Course	Sandra Martin	Essex	Maldon District	This project will provide the opportunity to work within a radio studio to access training and skills in radio production, media, IT, customer service, team work, basic numeracy, reading and writing, improve self expression, articulation and confidence.
Community Grant	Wisbech Community Development Trust	Pre-entry Courses	Chris Stevens	Cambridgeshire	Wisbech	This project targets hard to reach new learners, including lone and young parents who have few or no skills and face difficulty in accessing employment opportunities. We want to engage with these people by providing exciting short practical themed learning with embedded Skills for Life. We also want to develop and improve individual's confidence and self esteem.
Community Grant	Welwyn Hatfield Community & Voluntary	Volunteer Bureau	Carmen Dillon	Hertfordshire	Welwyn/Hatfield	The project will recruit participants from hard-to-reach groups, support them and provide them with work placement opportunities. Workshops will be run on customer service, receptionist and general office duties. The programme is designed to overcome barriers facing the long term unemployed, build confidence and progress into employed status or into full time education.
Community Grant	Create	Phase 2 OCN	Shirley Day	Norfolk & Suffolk	South Norfolk, Diss, Mid Suffolk, Eye, Stradbroke, Stowmarket, Bury St Edmunds	Short course in film production, covering logistics, planning, budgeting, literacy - in script development, marketing and IT and an accredited script writing qualification.

Community Grant	Making it Count	Back on Track	Ruth Mordi	Essex	Harlow, Loughton, Epping, Buckhurst Hill, Barking	The Leadership Programme is for young people aged between 19 to 24 with experience of being in care, homeless or ex offenders, refugees or asylum seekers (who are authorised to work in the UK). The programme will consist of ICT skills and personal development training and workshops to seek employment, education or volunteering.
Community Grant	Norfolk Homemakers	Workshop	Howard Tidman	Norfolk & Suffolk		The project will work with volunteers with mental health and learning disabilities, and will provide workshops to recycle and repair furniture. We will also provide basic computer skills training .