

Organisation Name	Project Name	Contact Name	Area	Specific Area	Project Overview
<b>Community Connections</b>	Community Learning for Change	Trish Aydin	Norfolk	Great Yarmouth	CC will continue to develop a comprehensive soft skills programme which supports vulnerable people to take an active role in shaping and improving their future chances and opportunities by: - working in partnership with local voluntary and community organisations to explore needs and develop bespoke training workshops relevant to the community - To continue to explore themes and topics with the community and develop innovative workshops to meet the on-going and developmental issues of the groups and the projects delivering activities in the community. - Working with staff and partners to promote, advertise and encourage disadvantaged and isolated people/groups. - To run workshops with the aim of developing communication skills, language skills, confidence.
<b>NR5 Project (Working name Future Projects)</b>	BASELINE	Lucie Fox	Norfolk	Norwich	The BASELINE service is a community based project which works in partnership with statutory agencies and organisations to support post 16s to make those initial steps into employment and learning. This programme is targeted at the hard to reach groups who may face barriers to employment and learning. The programme aims to provide intensive mentoring support and guidance with the provision of one to one and group support. Provide employment support including job search, CV completion and applying for jobs. Offering short training courses to increase people's skills levels and confidence in their abilities - these include key skills. Providing volunteer and work placement opportunities to develop transferable skills and work ethic.
<b>Central Herts YMCA</b>	YMCA IT Suite	Jo Franks	Hertfordshire	Based in Welwyn Garden City although service users travel from Hatfield and Old Welwyn	The project seeks to address the local unemployment to provide focused opportunities including computer basic skills, CV writing, interview techniques and online job applications. Attendees will have improved self-esteem and confidence to promote themselves. There will be the option of attending a basic computing skills course to learn Word, Excel, Power Point and Publisher.

<b>MOVEON East</b>	The Using Skills for Employment IT Project	Amanda Payne	Norfolk	Norwich priority wards: Mile Cross, Thorpe Hamley, Wensum, Catton Grove, Mancroft, Crome, Bowthorpe, Lakenham, Sewell and Nelson Wards	The project will provide outreach provision to unemployed individuals aged 16+ living in the priority wards in Norwich. The Project Tutor and Learning Co-Ordinator will offer beneficiary engagement, raising motivation and aspiration; identifying individual needs and addressing barriers, individual assessment of basic skills, identifying strengths and areas for improvement, develop an agreed learning plan.
<b>Turning the Red Lights Green (T/A Red2Green)</b>	Aspirations' Stepping Stones Programme	Sharon Burrows	Cambridgeshire	Rural S&E Cambridge, as well as the city itself	Aspirations is an established social skills and educational programme for people with autistic spectrum conditions, including high functioning Asperger's Syndrome. Students learn skills and strategies to help them cope better with social interaction and learn independent living skills. SS will address softer skills such as positive attitudes and motivation as well as practical steps towards employment such as job searching and preparing CVs.
<b>Essex Coalition of Disabled People</b>	Train the Trainer: Disability Equality	Claire Emmins	Essex	The course will be run predominantly from training facilities in Chelmsford, although individuals across Essex and beyond are invited to apply	ECPD has developed a Train the Trainer programme which has been designed to give disabled people the skills and knowledge to maximise their potential, and the opportunity to become self employed disability equality trainers. The course will be advertised to disabled people through a number of streams such as through our own website and partnership organisations. Eligible candidates are then invited to an informal interview to discuss the course content in detail, determine their suitability and consider their access requirements. ECPD aims to deliver the course on an annual basis (subject to funding) for up to 10 trainees. The course is made up of approximately 7 sessions, coupled with course work and on-going practical experience over 3-4 months. Topics covered include: training methods, assessment of own access requirements, preparing a training event, models of disability, independent.

<b>Waveney Community Forum</b>	The Crossing	Julia Miller	Suffolk	Lowestoft and surrounding rural areas	We will work with 100 unemployed adults in Lowestoft to improve their life skills and employment opportunities. We will offer one to one support to enable people to create and develop an effective CV. Run weekly job club sessions to assist people with completing application forms. Support in internet job search. Help accessing volunteer opportunities. Also, will improve Basic IT Skills by offering weekly tutored sessions in this area.
<b>Cornerstone Trust (Training and Advocacy)</b>	Releasing Potential	Calvin Horner	Essex	Harlow	The project will work with unemployed and economically inactive people preparing them to re-enter employment by developing their self-awareness, aspirations and goals whilst providing them with skills to help them back to work such as interview skills and basic IT. The project focuses on those with considerable barriers in entering work. Alongside the short courses, there will be advice from tutors and advice including job search and basic skills screening.
<b>Royal Association for Deaf People</b>	Essex Deaf Jobseekers' Roadshow	Linda Parkin	Essex	Southend on Sea, Colchester, Clacton, Chelmsford	We will deliver a series of road shows to give deaf people the information, support and encouragement they need to find and apply for jobs successfully. Content include finding work using the Jobcentre computer system and other sources, access to work, CVs and application forms, interview advice.
<b>Ipswich and East Suffolk Headway</b>	Heading back to Work	Helen Headway	Suffolk	East Suffolk	We will recruit a qualified occupational therapist with special skills in vocational rehabilitation and brain injury. They will set up classes for people with an acquired brain injury including basic skills, interviewing skills etc. The client will be mentored whilst volunteering in order to improve their skills.
<b>Great Yarmouth Community Trust</b>	MOVE ON	Rosie Marler	Norfolk		The project will deliver a range of workshop activities with on-site childcare support and assisted travel expenses. Workshops will cover areas such as job search assistance, confidence building and personal development. Each participant will receive a Basic Skills assessment and vocational advice and guidance.
<b>The Garden Science Trust</b>	Garden Enterprise Challenge	Sheila Mathias	Norfolk	Swaffham (although beneficiaries will come from Dereham, Attleborough, King's Lynn)	Four groups of adults with learning difficulties/disabilities will choose an idea for a social enterprise with a garden or environmental theme and with support from a tutor work on a project to plan and execute their chosen idea. The participants will gain experience of working on a project idea with a business focus. They will develop a range of skills necessary for training and employment, such as listening to instructions, finishing a task, communicating ideas and working with others.

<b>Volunteer Centre Broxbourne &amp; East Herts</b>	Conquering Barriers - Gateway to Learning & Employment	Loretta Borg	Hertfordshire	East Herts Borough of Broxbourne	<p>We will provide a unique programme of Coaching and Mentoring and Local Employer engagement - previously run as a pilot. We will deliver a programme of 6-10 hours coaching and mentoring, which will be person centred with some delivery being carried out in a small group setting followed by one to one working. We aim to work with 8 local employers over different sectors and industries, focusing on engaging support that enhances each individual's personal development. This would include accessing recruitment skills for mock interviews, matching individual needs with local employers and providing expertise to guide individuals in local employment culture. Direct contact with employers will involve taster work sessions, mock interviews, work shadowing, visits to local employers, raising awareness of work culture/ethics.</p>
<b>Bury St Edmunds Volunteer Centre</b>	Realise Your Potential	Holden Cook	Suffolk	Bury St Edmunds and all surrounding towns and villages (including parts of St Edmundsbury, Mid Suffolk, Forest Heath and Babergh Districts)	<p>70 unemployed or economically inactive individuals facing barriers inhibiting their employment would undertake training programmes and taster volunteering opportunities. The project will also look to deliver 2 pilot week courses in Communication Skills and Assertiveness. First contact engagement includes activities to provide training and support that will better prepare individuals to enter into employment. Soft outcomes achieved by all participants will be improved communication skills, increased confidence, self-esteems, self-advocacy and motivation, improved social skills and improved timekeeping among others.</p>
<b>High Star Arts and Production Limited</b>	JOB GO	Basil Davis	Essex		<p>High Star Arts is looking to run a development programme referred to as JOB GO to develop and boost self-confidence and employability skills. The project will bring together young people from different socio-economic and ethnic backgrounds. The beneficiaries of this project will be aged 16-25 and will benefit 30 participants. Workshops twice weekly will focus on communication training and problem solving, CV writing, completing job application forms and practicing interview skills, exploring issues of self-esteem, time management, organisational behaviour. At the end of the programme, we will assist participants in obtaining work experience including voluntary work.</p>

<b>Poor African Refugees Community Association</b>	Employment Skills Project	Moez Nathu	Cambridgeshire	Peterborough City	PARCA will employ a sessional project coordinator to recruit members of the refugee and BME communities living in Peterborough, who are economically inactive and would like to be able to engage in employment, but struggle due to lack of knowledge of basic ICT skills barriers. The project Coordinator will develop marketing materials to promote the project and undertake community outreach to meet with people as well as identifying learner needs and developing an initial learning plan for the participant.
<b>Bedfordshire African Community Centre</b>	The Brighter Future	Bony Shamalo	Bedfordshire & Luton	Luton	The project will develop our training and learning support for African migrants and refugees in Luton and surrounding areas by running a series of training courses with the aim of building the confidence of Black African Refugees, Migrant works and other BME to help them build up basic employment and life skills with accreditation to assist them to access the UK job market. The grant will contribute to pay training fees and other related project running costs. The project will provide unemployed and economically inactive BME with the learning opportunity that will prepare and support them to access employment, further study and voluntary work experience. The participants will benefit from the following level 2 qualifications skills for life courses such as Emergency First Aid Cert, Manual handling, Health and Safety Cert, POVA and POCA, ICT, CV writing, job search skill and structured volunteering opportunity.
<b>Essex Disabled People's Association Ltd</b>	You Can Do IT	Richard Boyd	Essex		The project offers a course in basic IT training to help unemployed and economically inactive people in Essex (targeting those with disabilities, over 50s, carers and BME women) to use computers easily and confidently so they move closer to accessing mainstream employment or skills provision. It will focus on overcoming barriers such as lack of skills and low levels of confidence by improving IT knowledge and skills key to allowing individuals to improve their employability prospects eg accessing the internet, using Word and Excel, job searching online, updating CVs and preparing for interviews. Courses will last for 4 weeks made up of 4 two hour sessions.
<b>Turning Point</b>	TP Designs	Clare Buckmaster	Hertfordshire	Watford (West Herts)	This innovative project is for people recovering from mental health difficulties. The aim is to increase the individual's skills and independence and provide a stepping stone to voluntary work, employment or education through the form of social enterprise. The ethos of the project is one of recovery and supports service users to make ongoing changes in their lives by fostering a sense of purpose and an informal learning environment. The individuals using the project are involved in the day to day running of it, but also the direction in which it develops and the decision making process that this involves. Project activities include market stalls, management and admin of the eshop, making sales, basic IT skills, planning and designing new stock. The benefits include promoting confidence, developing interpersonal skills, problem solving, and opportunities for voluntary work.

<b>St Johns Housing Trust</b>	Delivering Quality Services (Capacity Building)	Rachel Harris	Norfolk & Suffolk	Great Yarmouth, Lowestoft	The funding will be used to achieve two quality standards: Matrix IAG and Young Suffolk Quality Standard as well as obtain an 'approved centre status' to deliver City & Guilds qualifications relevant to our area of work and client group. Overall, these developments will enable us to provide a quality information and guidance service, to deliver exceptional training and have rigorous procedures in place to steer our service delivery.
<b>Royal Association for Deaf People</b>	Quality Advice for Deaf People	Linda Parkin	Essex	Essex including Southend and Thurrock Unitary Auth.	The project will improve the quality and consistency of information and advice given to deaf clients by office-based and outreach staff who are deaf and/or fluent sign language users.  Training will be delivered in British Sign Language for NVQ level 2 in Information, Advice and Guidance. Matrix accreditation will then be applied for.
<b>Energize Transformation Partners</b>	Community and Workplace Training	Tim Leese	Bedfordshire and Luton, Cambridgeshire, Norfolk	Bedford, Central Bedfordshire, Luton, Peterborough, Huntingdon, Thetford, Great Yarmouth, Norwich	The grant will provide essential training and accreditation for our Community and Workplace Training Group. This will enable us to develop our service and capacity in the following ways:  * Complete PQASSO accreditation to Level 1 for Energize Solutions * Work with a business consultant to develop a new business plan for Energize Solutions * Accreditation of the Matrix quality standard for information advice and guidance * Training for PTTLs (Preparing to Teach in the Lifelong Learning Sector)
<b>Beacon House Ministries</b>	Beacon House Primary Health Care Services	Sonia Shaljean	Essex	Colchester and the surrounding villages of	The aim of this project is to provide a structured 12 week 'Breaking the Barriers' life skills and personal development course for people who want to break the barriers preventing them moving forward in their lives. Topics include:* Literacy support* Money management* Personal development* Confidence and assertiveness training* Job applications, interviews and searches
<b>The Bridge Project Sudbury</b>	Sowing the Seeds for Change	Anesta Newson	Suffolk	Sudbury and District	The project will deliver a range of flexible, accessible and innovative learning opportunities for adults with learning disabilities and other vulnerable disadvantaged individuals who would not normally access mainstream provision eg. Adults with long term and recurring health and disability problems. It is anticipated that the supported placements will be in a range of community settings including a residential home for the elderly, town centre cafe, a local hotel and theatre. All individuals will be accompanied and supported by relevant tutors for the entirety of their placement.

<b>Bolnhurst Stables Trust</b>	Step to Work Flexible Training Programme	Alison Wood	Bedfordshire & Luton	Bedford and North Bedfordshire Villages	The project hopes to create a large bank of training modules for selection with emphasis on rural craft, horticultural, gardening and land management skills in which the organisation specialises as well as help with aspects of literacy and numeracy which cannot be accessed elsewhere. A critical part of the programme will be practical work experience in an unthreatening environment which will allow clients to learn to work as a team and be able to consider the necessary requisites for succeeding at work during hands-on involvement.
<b>St Albans Centre for Voluntary Service</b>	Vocational Volunteering	Michelle Hart	Hertfordshire	St Albans District	<p>The project will recruit 25 people over 16 years who lack skills, confidence and/or recent work experience and provide a programme of activities to increase their skills, confidence and employability.</p> <p>The programme will consist of:</p> <ul style="list-style-type: none"> <li>* a 1:1 assessment and placement interview</li> <li>* Access to an introductory workshop about volunteering</li> <li>* Up to 6 months volunteering in one or several local organisations</li> <li>* On-going 1:1 and group support as needed</li> <li>* An exit interview and action plan</li> </ul>
<b>Produced in Norfolk</b>	Forward	Jane Miller	Norfolk & Suffolk	Norfolk County, North Suffolk on the Norfolk Border	<p>The Forward Project will support grass roots communities into building confidence and developing skills which will act as steps into employment enterprise and training. The opportunity of work taster sessions in small local businesses in the creative industries, food and tourism sectors in Norfolk, plus the provision of craft training in mainly, but not exclusively, rural communities.</p> <p>Through peer to peer support, mentoring and networking Forward aims to bridge the gap between grass roots and mainstream support and training.</p>
<b>P2 Training</b>	Finding the Way	Patricia Cady	Norfolk & Suffolk	Norwich, Lowestoft, Beccles	P2 Training aims to provide participants with a sound base on which they can build a future by improving their motivation and creating channelled energy including: Basic Skills Assessments, training advice and guidance, work/voluntary placements and taster days in various trades, job search and CV writing, future planning, motivational and confidence building.

<b>Community Action Hertsmere</b>	Volunteer..... IN!	Robin Charnley	Hertfordshire	Hertsmere	<p>Our project will work on a one-to-one basis with individuals to identify their needs and will:</p> <ul style="list-style-type: none"> <li>* Identify a suitable volunteering opportunity</li> <li>* Prepare both individual and organisation for a successful 'match' (including visits and trial volunteering sessions)</li> <li>* Undertake regular visits to the volunteering placement to review progress</li> <li>* Work with the individual to prepare an exit strategy. This will aim to reduce the level of support required to the point where the host organisation can meet any outstanding needs.</li> </ul>
<b>Volunteers Ipswich</b>	Volunteering Is Your Future	Wendy Herber	Suffolk	Ipswich & District	<p>Volunteer Ipswich will undertake a specifically targeted publicity campaign raising awareness of the positive messages of Volunteering and the relevance to individuals living in Ipswich and district who are unemployed or economically inactive. The project will build satellite sites across Ipswich and district engaging and enabling people to access volunteering opportunities. These opportunities will build confidence and self-esteem, offer real regular work experience and enhance Voluntary and Community Groups in Ipswich and district.</p>
<b>African Women's Enterprise Group</b>	Pathways to Employment Project	Lillian Ricketts-Hagan	Hertfordshire	Stevenage, Hitchin	<p>AWEG is planning to facilitate an employment project which will include both career and business development workshops for Black and Minority Ethnic women living in Stevenage and Hitchin. The project will support these women by helping them to overcome barriers such as unemployment, no work experience, no access to job search resources and have low self-esteem and lack confidence through 12 personal and career development workshops. These workshops will focus on CV and application writing, interview techniques, career choices, confidence building, effective job search, marketing yourself and accessing funding for a business or higher education.</p>
<b>MBA Association</b>	Stevenage Youth and Community Studio	Tina Powell	Hertfordshire	Stevenage, Hitchin, Letchworth	<p>The project will involve a music programme for young people to enable them to gain skills and qualifications that they can use to gain further training or employment in the music industry. Through becoming a NCFE we will be able to offer short courses to young people in 'Award in Music Technology at Level 1'. This programme will enhance existing skills and enable learner's to become qualified that could help them to gain employment.</p>

<b>St Albans City Youth</b>	Disabled Volunteer Coach Development Programme	David Wray	Hertfordshire		The project will provide 20 economically inactive young people with disabilities with the opportunity to experience and learn sports coaching so that they are able to find voluntary and paid work in local clubs, sports centres and health groups. We will also provide 1:1 and group support programmes including mentoring.
<b>The Garden Science Trust</b>	Improving Quality for Future Growth	Sheila Mathias	Norfolk	Swaffham (although beneficiaries will come from Dereham, Attleborough, King's Lynn)	We want to build up on our existing health and safety procedures to make sure they are brought up to a higher standard and embedded in our organisation and services. The capacity building grant will be used to employ a part time project worker for six months to review health and safety and undertake a formal quality assessment of the organisation. The trustees have chosen the PQASSO system and we have begun the process with PQASSO.
<b>The Phoenix Group for Deaf Children</b>	Building Phoenix	Jane Shann	Hertfordshire		This grant will help us develop our capacity to work with an increasing membership involving clients with a range of needs including hearing loss. It enables us to widen our information resource by including website management skills, increase the skills of our volunteers and enable those involved in the charity to deliver a high quality service. It will enable us to implement and monitor quality standards for the charity thus ensuring a high standard of delivery.
<b>St John's Housing Trust</b>	Just 4 You Project	Rachel Harris	Norfolk & Suffolk	Great Yarmouth, Lowestoft	<p>The project will provide advice, training, volunteering opportunities and life skills development for those seeking to achieve independent living and have been accommodated in any temporary or inadequate accommodation in the local area. We will provide individualised 'needs based' support that uses training and volunteering as a tool to engage and support each client. Volunteering placements will be made available through a number of our sites and will include admin, chef, maintenance, domestic and support work placements. Additionally clients will receive a comprehensive programme of formal qualifications from child protection and first aid to City &amp; Guilds qualifications. Everyone who successfully completes 6 months of volunteering and associated training will be guaranteed an interview with our organisation when a suitable vacancy arises.</p> <p>It is well documented that individuals who are subject to adverse childhood experiences are in the main more likely to experience homelessness, mental health issues, heavy drug and alcohol use, unemployment and relationship problems - our programme will give these individuals an alternative to their current situation and through support that is practical, holistic and life enhancing. We aim to change lives and stop the continuation of this cycle for future generations.</p> <p>For many people participating in the programme, this will be the first step on the pathway to a new life of accommodation, work and friends and financial independence and for those individuals we will set clear our aims and objectives, moving them onto other opportunities as soon as they are ready.</p>

<b>Hospitality &amp; Grow</b>	Hospitality & Grow Norfolk	Alexandra Cosgrove	Norfolk & Suffolk	Great Yarmouth, Lowestoft	Hospitality & Grow engages NEET , the long term unemployed, ex-offenders, individuals with English as a second language and other hard to reach groups. We offer free training in life skills and the hotel service industry. Our progression qualifications include communication, team building and leadership and gives each individual a personal development plan tailored to suit their specific needs. We provide learning by doing opportunities which are labour intensive. This training is credit based (Level 2 OCN or equivalent). We provide a real working environment for trainees learning alongside team leaders supplying a valid service to tourists and visitors at our leisure complex. Suitable trainees are offered paid employment for a minimum of 25 hours for 6 months with a view to either gaining a permanent job with either us or progressing into further education.
<b>Celtic Harmony</b>	Skills & Training for Jobs	Clare Holt	Hertfordshire	Hertford, Broxbourne, Stevenage, Hatfield, Welwyn Garden City, Enfield	The Skills & Training for Jobs programme will enable participants to shadow officers in the three areas of work of Celtic Harmony, education, leisure and conservation, and follow induction training, developing skills in these areas within the safe and positive work environment of Celtic Harmony Camp, Iron Age settlement and education centre, located in Bourne Wood, Brickendon. Participants will come from a range of backgrounds who experience barriers to employment due to lack of experience and direction and poor skills. We would provide a unique programme of interview including CRB checks, then four days induction and on-the-job shadowing in either education, leisure or conservation. The participant will experience the process of recruitment and in-house training, develop skills to work within a team and learn more about an area in which they are interested in finding employment.
<b>Bury St Edmunds Volunteer Centre</b>	Investing for the Future	Holden Cook	Suffolk	Bury St Edmunds and all surrounding towns and villages (including parts of St Edmundsbury, Mid Suffolk, Forest Heath and Babergh Districts)	The funding will be used to achieve 3 Quality Standards. 1). Investing in Volunteers (IiV) 2(. Volunteering England Quality Accreditation (VCQA) 3). PQASSO. Also, training in OCN Trustee Training Course, City & Guilds in Teaching and Lifelong Learning Sector, IT training. Organisational development: Business and strategic planning.
<b>Bangladeshi Support Centre</b>	Bangladeshi Women's Project	Mojlum Khan	Suffolk	Ipswich & Suffolk	This project specifically targets the learning and educational need of Bangladeshi and BME women and aims to instil confidence and provide learning and training opportunities. Courses include introduction and internet, CV writing and interview technique, along with learning opportunities and providing volunteer work experience.

<b>Strengths in Communities CIC (Trading as Parents 1st)</b>	Parents 1st Accreditation Centre	Celia Suppiah	Essex	Thurrock, Basildon, Brentwood, Southend	Funding will enable development work necessary to gain City & Guild Centre approval and run the Work With Parents Award level 2/3, Matrix accreditation and development work necessary to gain Royal Society of Public Health centre approval to run the level 2 award in Health Promotion.
<b>Essex CVS Partnership Voluntary Sector Training</b>	Quality Plus	Linda Riley	Essex		The Capacity Building grant will support the achievement of 2 Quality Standards: 1). Matrix standard for IAG services to clients and 2). PQASSO quality mark at level 2.
<b>Bury St Edmunds Citizens Advice Bureau</b>	Increasing Employability through Volunteering - Individually focused skills development	Janine Pinel	Suffolk	Bury St Edmunds and district	Funding will be used to provide supportive 3-month placements for volunteers. Employability skills sessions including a portfolio of internal-job related tasks and financial capability training.
<b>Bedfordshire &amp; Luton Mind</b>	Aspirations	Jeanette Skipsey	Bedfordshire & Luton	Bedford, Biggleswade, Dunstable, Luton, Ampthill, Leighton Buzzard	The Aspirations Project will work with mental health service users to enable them to build up their interpersonal skills and confidence, and to enable them to identify and achieve their own assessment of personal goals and ambitions in terms of education and employment through OCN accredited courses.
<b>Harleston Information Plus</b>	Harleston Jobs Club	Julie Helsby	Norfolk & Suffolk	Harleston and Norfolk villages, North Suffolk villages within 8 miles of Harleston	The Community grants funding will support people living in the Harleston area who are unemployed and looking to return to the jobs market. The project will provide support with CV writing, completing application forms and guidance in IT, interview technique and information on job opportunities available.
<b>Classworks Theatre Ltd</b>	Costume Store Work Experience and Training Project	Gayle MacGregor	Cambridgeshire	Cambridge City	This project will work with young people aged 18+, targeting female lone parents who face barriers into employment and mainstream skills provision due to lack of affordable childcare, mental health problems. We will offer work experience and skills training in our costume store to develop creative skills in design, making, maintaining and repairing. There will also be training on marketing, stock taking, invoicing and record keeping.

